

# ARKANSAS DEPARTMENT OF HEALTH

# **ARKANSAS PRESCRIPTION DRUG MONITORING PROGRAM**

## **Objectives**

- · Background on the PDMP
- · Laws and Rules/Regulations
- Manual Audits
- Prescriber Comparison Report Cards
- · Clinical Alerts
- · Doctor Shopping

### The PDMP as Part of the Solution

- · In March of 2013, Arkansas established the AR **PDMP**
- ❖ Enhance patient care
- Help curtail the misuse and abuse of controlled
- ❖ Assist in combating illegal trade and diversion of controlled substances.
- ❖ Enable access to prescription information by authorized individuals.

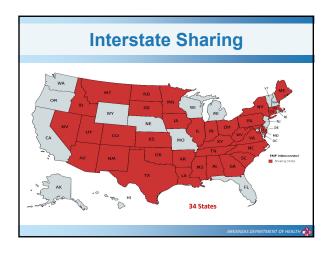
### What is the PDMP?

- The PDMP is a program that keeps records of all the dispenser transactions of controlled substances.
  - Dispensers are practitioners who dispense prescriptions (i.e. pharmacies, veterinarians)
    - · Next business day reporting
  - Schedule II V medications are collected
    - · Opioids, Benzodiazepines, Stimulants, etc.

### Who has access to the PDMP?

- · Prescribers, pharmacists and their delegates (2015)
  - Patient reports
- · Licensing boards
  - Only for investigation
- · Law enforcement
  - (1) pursuant to a search warrant
  - (2) CLEPDDI (2015)
- Medicaid (2017)
- · Office of Medicaid Inspector General (2019)

## **PDMP** users Role Type MD/DO PD PRESCRIBER DEL - LIC PRESCRIBER DEL - UNLIC APNI/CNS DDS PA MEDICAL RESIDENT PD DELEGATE - LIC OD DVM DELEGATE - LIC OD ADMIN DELEGATE - LIC OA MASTER CLEPDDI ADMIN PD DELEGATE - UNLIC STATE MEDICAL MASTER CLEPDDI DENTISTRY NURSING MEDICAL PHARMACY Total • By the end of January 2019, the Arkansas PDMP surpassed 20,000 users. Top three users are • MD/DO Pharmacists · Prescriber Delegates · We also share data with other states through the PMP interconnect



# **Mandatory Use Law**

- Act 820 of 2017
  - Enacted in the summer of 2017
  - Prescriber shall check the information in the PDMP prior to prescribing:
    - · Schedule II or III opioid every time
    - · Benzodiazepine for the first time
  - Some exceptions:
    - inpatient, hospice, nursing home, emergent situation
    - A healthcare provider must document in the patient record that the AR PDMP was checked.

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### **Manual Audits**

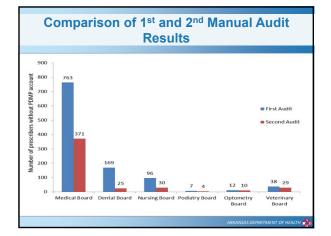
- · Parameters
  - Schedule II or III opioid within date range
  - PDMP registered account
- · Date ranges
  - January 1 to June 30, 2018
  - July 1 to December 31, 2018
- · List sent to professional boards
- · Downfalls of the Audit
  - Cannot distinguish exempt scenario's (is. Hospice)
  - Prescribers at the VA

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# **Manual Audits Comparison**

- Every professional board had a decrease in prescribers from first audit to second
  - Dentists had most significant decrease—85%
- Prescribers on both 1st and 2nd Audit
  - Medical board had the most prescribers
  - Other professional boards were 5 prescribers or less

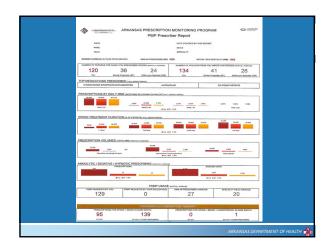
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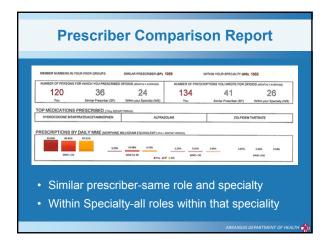


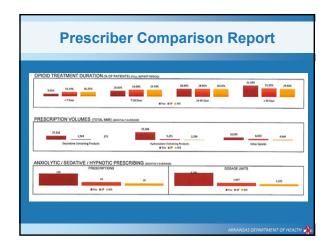
# **Prescriber Comparison Reports**

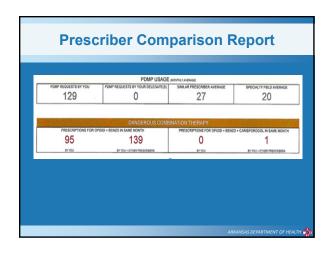
- Quarterly reports sent to all prescribers with a PDMP account and prescribed an opioid within the set time frame
- Report that compares prescribing habits within a prescribers specialty
- · Specialty is self-identified
- PDMP account will store 4 most recent reports
  - First report sent April 2018

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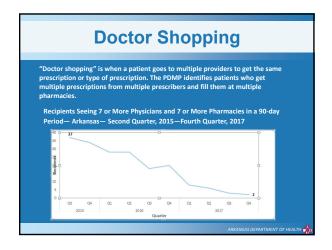


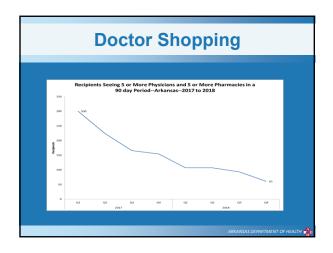






# Patient/Clinical Alerts Alerts are sent out to prescribers/pharmacies notifying when a patient has reached the set thresholds 2 Thresholds for Patient Alerts Prescriber/Pharmacy Threshold 5 prescribers/5 pharmacies within a 90 day period Drug Combination Opioid and Benzodiazepine within the same day supply







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